



PREPAREDNESS CALENDAR

Family Disaster Supplies and Preparedness Activity:

Taking it One Step at a Time

This calendar is intended as a tool to help you prepare for disasters before they happen. After you purchase an item or complete an activity, check it off.

Month 1 Purchase:

- Water – 3 gallons per person and pet
- Hand-operated can opener and bottle opener
- Instant drinks (coffee, tea, powdered soft drinks)
- 2 Flashlights with batteries

Month 1 Activities:

- Inventory disaster supplies already on hand, especially camping gear
- If you fill your own water containers, mark them with the date filled
- Date water/food containers if they are not dated
- Make your family disaster preparedness plan including Where to meet, out of town contact.

For more information contact www.ready.gov



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Month 2 Purchase:

- Canned meats and vegetables, power bars – 5 per person
- Sanitary supplies
- Family sized first aid kit

Month 2 Activities:

- Change battery and test smoke detector
- Document your home and its contents for insurance purposes.
Store the documentation with family or friends who live in another locale
- Conduct a home “hazard” hunt

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Month 3 Purchase:

- Canned fruit – 3 per person
- Food for 3 days for special dietary needs
- Crescent wrenches or utility shutoff tool

Month 3 Activities:

- Conduct a home fire drill
- Check with your child's day care or school and learn their disaster plan procedures
- Locate gas meter and water shutoff points
- Establish an out-of-state contact to call in case of emergency

Note: Your supplies may be stored together in one large container such as a garbage can on wheels or in several small ones.

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Month 4 Purchase:

- Large water proof storage containers for preparedness supplies
- Extra pet supplies; food, collar, leash, carrier
- Extra baby food and supplies, if needed

Month 4 Activities:

- Place a sturdy pair of shoes and a flashlight under your bed (away from windows) so they are handy during an emergency.
- Place a supply of prescription medicine(s) in a water proof storage container
- Start putting supplies in storage container(s). Include blankets or sleeping bags for each family member.

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Month 5 Purchase:

- Canned, ready-to-eat soup at least 2 per person
- Liquid dish soap
- Plain liquid bleach
- Portable AM/FM radio (including batteries)
- Anti-bacterial liquid hand soap
- Disposable hand wipes

Month 5 Activities:

- Make photocopies of important papers and put water proof container
- Talk with neighbors to find out who may have skills or training that would be beneficial after a disaster (i.e. first aid, amateur radio, tree removal, chain saws, light rescue, wilderness survival, carpentry)

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Month 6 Purchase:

- Quick-energy snacks i.e. granola bars, raisins, peanut butter
- 6 rolls of paper towels
- 3 boxes facial tissue
- Anti-diarrhea medicine
- Latex (or latex-free) gloves, 6 pairs. Put with first-aid kit

Month 6 Activities:

- Check to see if your stored water has expired and needs to be replaced. (Replace every 6 months if you filled your own containers. Store-bought water will have an expiration date on the container)
- Put an extra pair of eyeglasses in the supply container
- Find out about your workplace's (or other places your frequently go) disaster plans

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