

7/12/21

Katelyn Jones

IRON TRIBE;

Thank you for everything!

The stay was present and my son
and I are very grateful for
everything you guys have done for us.

Please keep up the great work ^{work}♥

♥ Katelyn

1/14/2021

Irontribe has been so great to my family and I. Right from the beginning they worked with Treatment court and BHS advocating for me to get my daughter back in my care. I've been in Irontribe for a year now. During that time I've been able to stay clean and start building a life for myself. Being here I've learned Responsibility, being responsible for myself and my children as well as actions and decisions. It's been a safe and secure place where I was able to grow and be held accountable. I've had a lot of support from everyone that works here. It's been a major part in my recovering. I honestly don't think I could have done it without Irontribe.

Megan Cramer

Iron Tribe

Michael Wunder <michael.wunder2020@gmail.com>

Fri 11/13/2020 4:18 PM

To: Heather Greenwell <heatherg@irontribenetwork.org>

Heather here is the experience I had while at Iron Tribe.

Hello, my stay at Iron Tribe from the time I had an interview with Tony, a meeting with Becci and Heather as my mentor was a super supportive and satisfying experience. I was able to overcome some obstacles I had and achieve reunification with my son Benjamin and make good standing relationships in the recovery community as well as in the court system. There wasn't a time that I would go to Heather and she didn't have an answer right away. Heather also was a good support for me when I had something I needed to talk about. Heather also helped me get all my ducks in a row for my license! Thank you! Becci was able to help me with doing service work and she was great helping with Ben when I had business to take care of. Becci also was available if I needed someone to talk to. Tony is fair and also a good resource if you need to get something done or someone to talk to. The team at Iron Tribe is a great asset to have and I have nothing but good things to say about the program. It again allowed me to achieve the goals I had and before I expected them to be completed. Thank you all and I'll always remember where I came from.

Mike Wunder

11/9/2020

I am very grateful

- Iron Tribe has been very good to me. It is an excellent program and I am so fortunate. The mentors have been awesome and very beneficial and helpful to me. Thank you Iron Tribe. Love you guys. Heather and Becci ~~you~~ and John you guys have been great.

- Brian Olson

To Whom It May Concern,

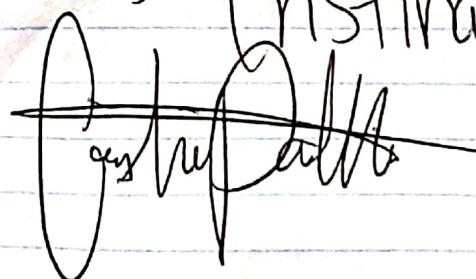
My name is Cristina Pasillas, I lived at the McCormick Park Apartments Iron Tribe from September 3, 2019 until December 13, 2019.

I had no idea what Iron Tribe was about when I reached out for help. Now if anyone asks me for help, I will steer them to Iron Tribe. I wouldn't change anything about Iron Tribe. I want to give a huge thank you to Tony F for always giving me a hard time and keeping me on my toes.

Samantha L I know she is no longer at Iron Tribe but she saved my life and gave me the chance nobody would.

Heather G for being a rockstar and being such an amazing mentor. You and Samantha L are two women I truly look up to. Finally Becci S your a pocket full of sunshine. When I was scared to talk to other mentors, I would go to you and ask for advice. Thank you for everything :)

Sincerely,

Cristina Pasillas


To whom it may concern;
Irontribe has been a true blessing in my life. They gave me the security of knowing I was no longer completely alone in facing my challenges and achieving my goals. It allowed me the opportunity to connect and make bonds with my peers and have added support through struggles and celebrations. They continue to be ongoing support to me whether it is someone to sit with over coffee in the morning or a ride to an appointment or an ally in the courtroom. Knowing that I continue to have their support

provides me an added security in my life. The one thing that was a bit confusing to me throughout my stay was exactly what the role of a mentor was and exactly what they were there to help me with (ie: was it just supposed to be someone I called for emotional support or to help walk me thru steps to obtain goals or something else completely?) Anyway, I think it might help remove some of the confusion to have actual weekly appointments, one on one with our mentor. It would also bring more clarity to the goals we need

to be working on for the week and what is individually expected of us during our stay at Irontribe. I think it would also provide more of a safe, confidential place for individuals to address any issues they may be having in the house or with other clients. It might also cut down on who is or is not doing what texts that the mentors probably receive. I also think that the house meetings should happen every week, whether anyone has expressed an issue or not, simply because they show clients an expectation of accountability. The only

other thing I can think of as a beneficial change would be that for clients like myself who are not in drug court, it would be nice to see random UA's a little more often due to the fact that once I was moved into Irontribe those became my only UA's and therefore my most compelling evidence that I was continuing in the right direction that was tangible for the courts.

My overall experience has been fantastic and provided me with a safety, security and relief that until becoming an Irontribe client

I had not experienced in my journey. I don't know what Columbia County did before Irontribe, but I hope this program is here for a long time to come.

Thank you,
Heide Tift
Heide Tift
2/14/18

Dear Iron Tribe,

My name is MaryAnn Cannon, I'm
blow^{wn}~~n~~ away by your Program. I have
meet some AMAZING women & men
here, and the not so great people have
shown me what I don't want to be like.
I have grown tremendously, I have learned
so much here and in drug court about
myself. When I first come into your Program
I was shy, timid and very controllable, I
have learned to speak my thoughts my mind
my values, morals. I'm still working on my
cleanliness. Tony, Sam and Heather had my back
and vouched for me the whole time, They never gave
up on me, They helped me get my 5 son's back
that is a debt I can never pay back, But I'm

damn well sure going to try. I believe we should UA more and have a day & time scheduled with our mentor's at least ~~at~~ once every other week

Dallas, 16

Love always

Cody, 15

MaryAnn

Acea, 13

503-396-0731

Tanner, 11

Mayson, 9

P.S. I have also learned how to make and keep friends and some of your ladies are my sister's and will remain in my family's ^{life} ~~life~~. Thank you for helping me see ~~what~~ the real woman, Mother and friend I can be.

Exit Interview - Khorie Elder

Iron tribe helped me create a routine with my children and helped me get on a daily routine for myself as well. Today I know how to live a "normal" life, I also got help with learning how to budget my money while living at Iron tribe, this helped me not be so overwhelmed when I moved into my own place and started paying my own bills. Iron tribe also helped me with seeking out all the helpful services I could get to get me started on being on my own, and not depending on a man. I had great mentors that helped me along the way whether it was just talking about what I was going through or helping me with services, especially with childcare, they had childcare offered when I needed to look for work, go to meetings, or go to my outpatient classes and ~~app~~ court as well, which no one ever missed I always had support and if I had questions or worries I knew I could go to my mentor and if she didn't know she would help me figure

it out and calm me down. I appreciate what Iron tribe did for me and my kids today my kids have a mother who is there for them completely and I feel comfortable. ~~as a~~ I thank Iron tribe for guiding me and teaching me how to be a person and a mother.

-Khoridenae Elder